



LOYOLA COLLEGE (AUTONOMOUS) CHENNAI – 600 034

M.Sc. DEGREE EXAMINATION – COUNSELLING PSYCHOLOGY

SECOND SEMESTER – APRIL 2025

PCP 2501 – COUNSELLING ACROSS LIFE SPAN



Date: 24-04-2025

Dept. No.

Max. : 100 Marks

Time: 01:00 PM - 04:00 PM

PART – A

Q. No Answer any FOUR questions (each not exceeding 200 words)

(4 x 5 = 20 Marks)

- 1 Describe the challenges of single parenting in Childhood.
- 2 Write a note on the role of Educational counsellor.
- 3 List down the factors that influence transition in Adulthood.
- 4 What are the strategies that could be employed to resolve marital relationship conflict during middle adulthood?
- 5 How could a counsellor enhance the quality of life for late adulthood people?

PART – B

Answer any FOUR questions (each not exceeding 500 words)

(4 x 10 = 40 Marks)

- 6 Discuss upon the child-counsellor relationship during different concerns.
- 7 Analyze the use of technology strategies when counselling young people.
- 8 Discuss upon the Career planning and its stages with a suitable example
- 9 Explain any one evidence based approach to deal with weight management during middle age with a suitable case illustration.
- 10 Describe the role of counsellor in dealing with depression and loneliness in Senior citizens

PART – C

Answer any TWO questions (each not exceeding 1000 words)

(2 x 20 = 40 Marks)

- 11 Analyze the implication of psychological theories while counselling children.
- 12 Elucidate the Schlossberg's transition theory.
- 13 Elaborate on midlife crisis and the ways to manage it.
